Cool Cafe
Food...Fun...Friends

McAlister Lunch Menu

October 2016

3
Bacon Cheeseburger
Chicken Nuggets, Roll
Turkey & Cheese Grinder
Italian Salad w/ Ham & Roll,
side items
Corn
Bagel Fun Lunch

4 Lucky Tray Day
Mac & Cheese
BBQ Rib Sandwich
Turkey & Cheese Grinder
Italian Salad & Roll
Peas & Carrots
Bagel Fun Lunch

5
French Toast & Sausage Patty
Chicken Tenders, Roll
Turkey & Cheese Grinder
Italian Salad w/ Ham & Roll,
side items
Tater Tots
Bagel Fun Lunch

6
Pizza Sticks w/ Marinara Sauce
Hot Dog
Turkey & Cheese Grinder
Italian Salad & Roll
side items
Campfire Beans
Bagel Fun Lunch

7
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Turkey & Cheese Grinder
Italian Salad & Roll
side items
Brocolli
Bagel Fun Lunch

10
No School
side items

11
Chicken or Cheese Quesadilla
Hot Dog
Tuna Grinder
Chicken Caeser Salad & Roll
side items
Garden Salad
Bagel Fun Lunch

12
Pancakes & Sausage Patty
Chicken Tenders, Roll
Tuna Grinder
Chicken Caeser Salad & Roll
side items
Cinnamon Sweet Potatoes
Bagel Fun Lunch

13
Spaghetti & Meatballs w/ Sauce, Roll
Hamburger or Cheeseburger
Tuna Grinder
Chicken Caeser Salad & Roll
side items
Green Beans
Bagel Fun Lunch

14
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Tuna Grinder
Chicken Caeser Salad & Roll
side items
Kickin' Pintos
Bagel Fun Lunch

17
Mac & Cheese
Chicken Nuggets, Roll
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
side items
Seasoned Green Peas
Bagel Fun Lunch

18
Crunchy Beef Tacos w/ Rice
Hot Dog
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
side items
Charro Beans
Bagel Fun Lunch

19
Waffles & Sausage Patty
Hamburger or Cheeseburger
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
side items
Warm Apple Sauce
Bagel Fun Lunch

20 Lucky Tray Day
Grilled Cheese or Grilled Cheese w/ Bacon
Chicken Tenders, Roll
Ham, Turkey & Cheese Grinder
Peas & Carrots
Bagel Fun Lunch

21
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Ham, Turkey & Cheese Grinder
Popcorn Chicken Salad w/ Roll
side items
Garden Salad
Bagel Fun Lunch

24
Chicken or Cheese Quesadilla
Hot Dog
Turkey & Cheese Wrap
Tuna Salad Platter
side items
BBQ Black Beans
Bagel Fun Lunch

25
Popcorn Chicken w/ Mashed Potato
Corn Dog
Turkey & Cheese Wrap
Tuna Salad Platter
side items
Brocolli
Bagel Fun Lunch

26
French Toast Sticks & Sausage Patty
Hamburger or Cheeseburger
Turkey & Cheese Wrap
Tuna Salad Platter
side items
Cinnamon Sweet Potatoes
Bagel Fun Lunch

27
Pizza Sticks w/ Marinara Sauce
Chicken Tenders, Roll
Turkey & Cheese Wrap
Tuna Salad Platter
side items
French Fries
Bagel Fun Lunch

28
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Turkey & Cheese Wrap
Tuna Salad Platter
side items
Corn
Bagel Fun Lunch

31 Halloween
Meatball Pizza Sub
Chicken Tenders, Roll
Ham & Cheese Grinder
Chef Salad
Mashed Potatoes
Bagel Fun Lunch

1
Pasta w/ Meat Sauce
Hamburger or Cheeseburger
Ham & Cheese Grinder
Chef Salad
side items
Green Beans
Bagel Fun Lunch

2
Pancakes & Sausage Patty
Chicken Nuggets, Roll
Ham & Cheese Grinder
Chef Salad
side items
Warm Apple Sauce
Bagel Fun Lunch

3
Beef Tacos w/ Rice
Popcorn Chicken w/ Roll
Ham & Cheese Grinder
Chef Salad
side items
Chic Pea Salad
Bagel Fun Lunch

4
Pepperoni or Cheese Pizza
Chicken Patty Sandwich
Ham & Cheese Grinder
Chef Salad
side items
Carrots
Bagel Fun Lunch

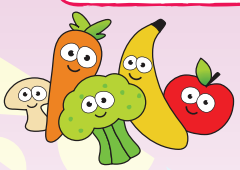
Available Daily: Sunbutter & Jelly Sandwich, Asst Fruits & Veggies, 1%, Chocolate or Strawberry Milk

Locally Grown **Local ingredients are always used when in season**

Vegetarian **Ovo-Lacto Vegetarian, may contain Egg & Milk**

Nutritional Messages may vary by school.

Lunch $2.65 Milk $.50



If your child(ren) received free or reduce lunch last school year then they will receive free or reduce meals until 10/13/16. NEW APPLICATIONS MUST BE SUBMITTED YEARLY

Cookies $.50

Snacks $.50 Ice Cream $.75

This institution is an equal opportunity provider.

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