



McAlister Lunch Menu

October 2017

2
Grilled Cheese With Bacon
 Chicken Patty Sandwich
 Popcorn Chicken Salad
 Ham & Cheese Wrap
 Seasoned Corn

3
Ranch Chicken Flatbread
 Cheeseburger or hamburger
 Popcorn Chicken Salad
 Ham & Cheese Wrap
 Campfire Beans

4
Mini Waffles with Sausage
 BBQ Pork Riblet Sandwich
 Popcorn Chicken Salad
 Ham & Cheese Wrap
 Tater Tots

5
Beef & Cheese Nachos
 Chicken Nuggets
 Popcorn Chicken Salad
 Ham & Cheese Wrap
 Baby Carrots

6
Pepperoni or Cheese Pizza Chicken Patty Sandwich
 Popcorn Chicken Salad
 Ham & Cheese Wrap
 Cucumber Coins

9
No School

10
Hot Dog Bosco Sticks
 Turkey & Cheese Wrap
 Tuna Salad Platter
 Baked Beans

11
Breakfast Sandwich Hamburger or Cheeseburger
 Turkey & Cheese Wrap
 Tuna Salad Platter
 Hash Browns

12
Chicken & Cheese Quesadilla
 Turkey & Cheese Wrap
 Tuna Salad Platter
 Peas & Carrots

13
Pepperoni or Cheese Pizza Chicken Patty Sandwich
 Turkey & Cheese Wrap
 Tuna Salad Platter
 Broccoli

16
Meatball Sub Grilled Cheese
 Ham & Cheese Grinder
 Chef Salad
 Tater Tots

17
Pasta w/ Meat or Marinara Sauce Hamburger or Cheeseburger
 Ham & Cheese Grinder
 Chef Salad
 Green Beans

18 LUCKY TRAY DAY
Pancakes & Sausage Chicken Nuggets & Roll
 Ham & Cheese Grinder
 Chef Salad

19
Beef Taco w/ Rice Popcorn Chicken w/ Roll
 Ham & Cheese Grinder
 Chef Salad
 Roasted Chic Peas

20
Pepperoni or Cheese Pizza Chicken Patty Sandwich
 Ham & Cheese Sandwich
 Chef Salad
 Broccoli

23
Bacon Cheeseburger BBQ Riblet Sandwich
 Turkey & Cheese Grinder
 Italian Salad w/ Ham
 French Fries

24
Bosco Sticks Chicken Nuggets w/ Roll
 Turkey & Cheese Grinder
 Italian Salad w/ Ham
 Corn

25
French Toast & Sausage Patty Chicken Tenders w/ Roll
 Turkey & Cheese Grinder
 Italian Salad w/ Ham
 Hash Browns

26
Hot Dog Grilled Cheese or Grilled Cheese w/ Bacon
 Turkey & Cheese Grinder
 Italian Salad w/ Ham
 Baked Beans

27
Pepperoni or Cheese Pizza Chicken Patty Sandwich
 Turkey & Cheese Sandwich
 Italian Salad w/ Ham
 Green Beans

30
Mac & Cheese Chicken Tenders w/ Roll
 Tuna Grinder
 Chicken Caesar Salad w/ Roll
 Green Beans

31
Chicken or Cheese Quesadilla Corn Dog
 Tuna Grinder
 Chicken Caesar Salad w/ Roll
 Chic Pea Salad

1
Pancakes & Sausage Patty Chicken Tenders w/ Roll
 Tuna Grinder
 Chicken Caesar Salad w/ Roll
 Warm Apple Sauce

2
Beef & Cheese Nachos Hamburger or Cheeseburger
 Tuna Grinder
 Chicken Caesar Salad w/ Roll
 Green Beans

3
Pepperoni or Cheese Pizza Chicken Patty Sandwich
 Tuna Grinder
 Chicken Caesar Salad w/ Roll
 Corn

Available Daily:
 Sunbutter & Jelly Sandwiches, Bagel Fun Lunches
 Asst Fruits & Veggies
 1% Milk, Chocolate or Strawberry Skim Milk, Lactaid
 Asst Snacks, Cookies and Ice Cream

Lunch \$2.75 Milk \$.50
 Remember: Parents must turn in a new free & reduced lunch application every year! If a new application is not received by Oct 13, you may lose the benefits
Parents! Need Extra \$\$\$? Become a Food Service Sub!
 Contact Kathy Carney at 860-668-3802

